Care and Use of the Chait Trapdoor Cecostomy

After your Chait Trapdoor ™ has been inserted, you can begin giving irrigations (enemas) through the Trapdoor ™ the same day.



You will give the irrigations through the separate Trapdoor [™] connecting tube that is provided with the Trapdoor [™] C-tube. (Figure 1)

Giving Irrigations

1. Gather your equipment:

Equipment needed for giving irrigations through the Trapdoor™:

- Measuring cup and teaspoon
- Salt
- Gravity bag sets (2)
- Timer/clock
- Phosphate enema solution
- Warm tap water
- 2. Wash hand with soap and water and dry thoroughly.
- 3. Add the prescribed amount of phosphate solution to the first gravity bag (remember to close the clamp before filling).
- 4. Mix salt and warm tap water in a solution of 1 tsp. of salt in 500 ml (2 cups) water.
- 5. Add the solution of salt water to the second gravity bag and hang both bags to a shower curtain rod or wall hook.

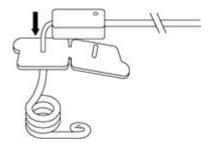


Figure 2

6. While seated on the toilet, open the lid of the Trapdoor [™] and insert the metal pin of the Trapdoor [™] connecting tube into the opening. (Figure 2)

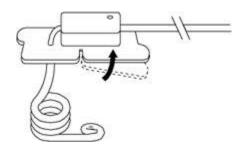


Figure 3

The plastic pin in the Trapdoor $^{\text{TM}}$ lid can also be inserted into the small hole in the plastic block of the Trapdoor $^{\text{TM}}$ connecting tube to make an extra secure connection. (Figure 3)

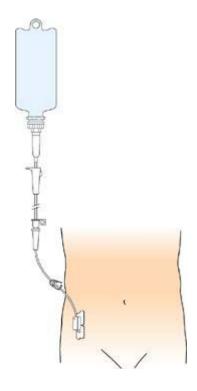


Figure 4

- 7. Connect the Trapdoor [™] connecting tube to the fitting on the gravity bag (the gravity bag fitting has the shape of a Christmas tree). (Figure 4)
- 8. Open the clamp and allow the phosphate enema solution to run in. If cramping occurs, decrease rate of the flow by adjusting the clamp.
- 9. Once the entire phosphate solution bag is empty, close the clamp and change to the second bag containing salt water solution. Wait 15 minutes before using the salt water bag.
- 10. After 15 minutes, open the clamp and allow the salt water solution to run through quickly. This usually takes about 5 minutes.

11. Once the bag containing the salt water is empty, close the clamp of the drainage bag and disconnect the irrigation system. Close the lid of the Trapdoor ™ device.

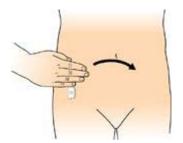


Figure 5

12. Now, wait for the irrigation results to occur (30-40 minutes). Massaging the abdomen firmly from right to left may help empty the bowel faster. (Figure 5)

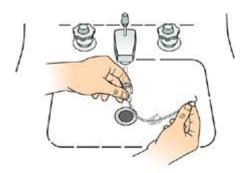


Figure 6

13. Rinse gravity bags well with warm water and wash with soap and water. Allow to air dry before storing.

Also, immediately after using the connecting tube, rinse it with warm tap water, then wash the tube with soap and hot tap water. (Figure 6)

! Important: Do not discard the connecting tube after use. You will use this tube over and over again. Also, do not use any solvents, such as alcohol or acetone, to clean the tube.

! Important: The access tube should be cleaned after each use. Allow the tube to dry completely. Store the tube at normal temperatures in a clean, dry place.

Troubleshooting

You should not expect to have problems with your C-tube. The troubleshooting chart below may help you recognize a problem if one occurs. If any of the problems occur, you should call your nurse or physician.

Problem	Symptom	Action
Your catheter breaks or is accidentally pulled out.	You see the catheter is damaged or has come out.	If only a small amount of the catheter has been pulled out, tape it in place. If the catheter is totally out, insert your Foley catheter in its place. Tape the catheter firmly to your abdomen and call your nurse or physician.
Hypergranulation tissue around catheter.	The skin around the catheter exit site is red, raised, or bleeding	Contact your nurse or physician.
Infection	Excessive pain, redness, fever, swelling, or a greenish discharge.	Call your nurse or physician immediately.
Leaking around C-tube during irrigations.	Water or phosphate enema solution is on your skin or C-tube surface.	Keep the catheter and exit site clean and dry. If the exit site doesn't heal and seal off within 3-5 days, call your nurse or physician.

Chait Trapdoor™ C-Tube Maintenance

After a while, your Trapdoor $^{\text{TM}}$ C-tube may wear out. If it does, your doctor can replace it with a new one. If you see any of the following signs of wear or failure on your Trapdoor $^{\text{TM}}$ notify your doctor immediately:

- a crack in the hinge, tube or cap
- a loose, leaky fit between the Trapdoor ™ connecting tube and the C-tube
- unusual discharge or irritation at tube site

If you have any other problems with the Trapdoor™, refer to the <u>Troubleshooting</u> Chart.

Chait Trapdoor™ Patient Information Sheet

Patient's Name:	
Catheter Lot #:	
Date of Insertion:	
Nurse's Name:	
Telephone #:	
Physician's Name:	
Telephone #:	

NOTE: Ask your nurse and physician to help you fill in the blanks on this page. Put this patient guide in a safe, handy place for future reference. Make sure your caregivers know where it is.

How to Order Additional Trapdoor™ Connecting Tubes

It is a good idea to keep several Trapdoor $^{\mathsf{TM}}$ connecting tubes for your Chait Trapdoor $^{\mathsf{TM}}$ on hand in case they are damaged or lost. You can order new Trapdoor $^{\mathsf{TM}}$ connecting tubes directly from COOK $^{\mathsf{R}}$. However, we will need your physician's signature.

Make a photocopy of the order form on the next page, fill it out, and have your doctor sign it. Then fax the page to COOK ® toll-free at (800) 554-8335.

You have to do this only one time. Once we have your physician's signature on file, you'll be able to order Trapdoor $^{\text{TM}}$ connecting tubes simply by calling COOK $^{\text{R}}$.

You can also mail your order form to us:

Cook Incorporated P.O. Box 489 Bloomington, IN 47402-0489 U.S.A.

Or call our toll-free order line: (800) 457-4500

Trapdoor™ Connecting Tube Order Form (U.S. Customers) (Canadian Customers)

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SHIP TO: (Please Print) [] Address Correction [] Diff	erent Address		
Name:			-
Address:			
City: State	e:Zip: _		_
Telephone Number:			_
METHOD OF PAYMENT: [] Check or money order payal [] Credit card order	ble to Cook Inco	rporated	
Card #:	_ Exp. Date: _		
Signature: (Must be signed to be accep	uted)		
(Must be signed to be decep	nou)		
Item Item #	Quantity	Price Each	Total Price
Chait Trapdoor ™ connecting tube CTU-10.0-18-CAA			
PHYSICIAN'S SIGNATURE:			